

## HORMONAL REGENERATION® COURSE OF TREATMENT

DDr. Heinrich will first assess your actual hormonal status through laboratory tests, a dedicated interview and a physical check-up. He will examine to what degree the activity of your hormonal glands has declined and whether your hormones have gone out of balance.

Next, DDr. Heinrich will devise a treatment strategy that suits your individual needs. The treatment plan may go from simple rebalancing of disorderly hormone excretion through changes in diet to comprehensive Hormonal Regeneration®, which uses bioidentical hormones to balance out hormonal deficiencies. **Bioidentical hormones**, which have the same chemical structure as our human hormones, are not foreign to the body, compared to synthetic hormones.

During treatment, the hormonal glands recover. The course of treatment takes between three and six months.

On request, DDr. Heinrich will advise you on further individually tailored therapeutic measures for the regeneration of your hormonal glands.

## OTHER AREAS OF APPLICATION

### Hormones for a Perfect Figure

Weakness of the tissue, cellulite or flab that remains resistant to diet changes result in many cases from hormonal deficiency.

Liposuction by use of microcannulas (Liposculpture) may greatly improve the figure, but best results are obtained when the hormonal imbalances are also addressed. The condition of the tissue will then itself improve.

### Hormones for Ideal Weight

Hormonal imbalances are usually present in obese persons. Radical dieting usually amplifies these imbalances even further, leading to the notorious yo-yo effect. Re-establishing hormonal balance does lead in most cases to lasting weight loss.

Clinic DDr. Heinrich®  
Beauty - Rejuvenation  
[www.ddrheinrich.com](http://www.ddrheinrich.com)

## HORMONAL REGENERATION®



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## PERSONAL DETAILS

**DDr. Karl-Georg Heinrich** is a specialist in outpatient cosmetic surgery as well as anti-aging medicine. For many years he has been

a member of the American Academy of Cosmetic Surgery (AACS) and the Société Française de Lipoplastie (SFL) as well as the International Hormone Society (IHS), the American Academy of Anti-Aging Medicine (AAAM), and many other leading international medical associations.

DDr. Heinrich is constantly working to improve standard cosmetic surgery, which still relies mainly on scalpel and silicon. In **New Cosmetic Surgery** the body's own stem cells and bioidentical hormones are used along with gentle, minimally invasive surgery to bring natural beauty and fitness to full fruition.

Together with his team, DDr. Heinrich is working on the development and refinement of novel treatments in aesthetic and regenerative medicine.

## HORMONE DEFICIENCY SYMPTOMS

- *Are you as fit and resilient as you once were?*
- *Do you frequently feel tired, exhausted, and burnt out? Do you find it hard to recuperate?*
- *Do you feel that every little thing is getting on your nerves, even during your leisure time and in your relationship?*
- *Do you find flab where you used to have strong muscles?*
- *Have you recently discovered the first signs of ageing, such as wrinkles, cellulite, hanging cheeks and eyelids and drooping tissue?*

Loss of power, burnout and physical decay are often seen as “natural signs of ageing” that have to be accepted.

### Big mistake!

Many of these so-called “signs of greater age” are nothing but signs of deficiency, the result of chronic undersupply of necessary hormones to your body.

**Here's the good news: These signs of deficiency can be compensated for.**

## HORMONAL REGENERATION® THERAPY

The vicious circle of causes and effects of ageing and burnout can be broken — through Hormonal Regeneration®.

Hormones are essential for beauty and wellbeing. Our immune system, our memory, our body as a whole will function only if hormonal levels are in balance.

**Hormonal Regeneration® means Recovery, Regeneration, and Rejuvenation.**

Stress, unhealthy diet, and deterioration due to aging may compromise natural hormone production.

Through Hormonal Regeneration®, hormonal balance is restored. The body recuperates within a short time and a rejuvenation effect of up to 15 years may be achieved.

Hormonal Regeneration® should not be confused with “hormonal substitution”, which is the treatment of choice in case of complete failure of a hormonal gland (diabetes, post-menopausal hormone treatment). These therapies employ synthetic hormones that differ chemically from human hormones and may have different effects on the body.

